

# WARM - UP #1

INTERMEDIATE

♩ = 60 - 120

1

R R R R R R R R L L L L L L L L R L R L R L R L R L R L R L R L

R+L \_\_\_\_\_

**BOTH HANDS**

2

R L R L \_\_\_\_\_ R R R R

L R L R \_\_\_\_\_ L L L L

3

3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3